Activities provided by *Senior Services* McHenry Township Senior Center

July 2016

Monday	Tuesday	Wednesday	Thursday	Friday
SCHEDULE SUBJECT TO CHANGE Please call for most current information For more information on activites, please call *SSA Activity Department* 815-344-3555	*Programs marked with * require advanced registration.* *There is a fee for any program marked with $* *Programs marked TS are held at McHenry Township Hall*	Deli Style lunch served daily For additional information contact Mary Ann, Manager Salvation Army 815-385-8260		1 8:00 Fitness Training $ 9:00 Guys n Gals Exercise $ 9:00 Mens Pool Club 9:45 Coffee Klatsch 11:30 Golden Diners Deli *12:00 Movie Matinee - The Music Man (1962)* 1:00 Line Dancing - TWP $
4 HAPPY INDEPENDENCE DAY! SENIOR SERVICES CLOSED	5 9:00 Mah Jong 9:30 Bean Bag Toss/Bocce 10:00 Dominos 11:30 Golden Diners Deli 12:30 Pinochle & Bridge Clubs 12:30 Hand and Foot	6 8:00 Fitness Training $ 9:00 Guys-n-Gals Exercise$ 9:45 Coffee Klatsch *10:30 Blood Pressure Checks - McHenry TWP FPD Paramedics* 11:30 Golden Diners Deli 12:30 Bingo	7 9:00 Crafters Club 9:00 Tai Chi with Allison at Township Hall 3703 N. Richmond Rd. 11:30 Golden Diners Deli	8 8:00 Fitness Training $ 9:00 Guys n Gals Exercise $ 9:00 Mens Pool Club 9:45 Coffee Klatsch 11:30 Golden Diners Deli 1:00 Line Dancing - TWP $
11 8:00 Guys-n-Gals Exercise$ 9:00 Guys-n-Gals Exercise $ 9:45 Coffee Klatsch *10:00 Attorney ** *10:00 iPad Class ** 10:00 Rummikub Club 11:30 Golden Diners Deli	12 9:00 Mah Jong 9:30 Bean Bag Toss/Bocce 10:00 Dominos 11:30 Golden Diners Deli 12:30 Pinochle & Bridge Clubs 12:30 Hand and Foot	13 8:00 Fitness Training $ 9:00 Guys N Gals Exercise $ 9:45 Coffee Klatsch *10:00 The Importance of Diabetic Shoes w/ Kathy ** *10:00 iPad Class ** 11:30 Golden Diners Deli 12:30 Bingo	14 9:00 Crafters Club 9:00 Tai Chi with Allison at Township Hall 3703 N. Richmond Rd. 11:30 Golden Diners Deli 12:30 Pinochle *1:00 Karaoke Party! **	15 8:00 Fitness Training $ 9:00 Guys n Gals Exercise $ 9:00 Mens Pool Club 9:45 Coffee Klatsch *10:00 Right At Home Presents- The Emotions of Aging ** 11:30 Golden Diners Deli *12:00 Movie Matinee - The Intern (2015)* 1:00 Line Dancing - TWP $
18 8:00 Guys-n-Gals Exercise$ 9:00 Guys-n-Gals Exercise $ 9:45 Coffee Klatsch *10:00 Attorney ** *10:00 Facebook Class ** 10:00 Rummikub Club 11:30 Golden Diners Deli	19 9:00 Mah Jong 9:30 Bean Bag Toss/Bocce 10:00 Dominos *10:00 Windows 10* 11:30 Golden Diners Deli 12:30 Pinochle & Bridge Clubs 12:30 Hand and Foot	20 8:00 Fitness Training $ 9:00 Guys N Gals Exercise $ 9:45 Coffee Klatsch *10:00 Cooking w/Chef Ray & Fox Point ** *10:00 Facebook Class ** 11:30 Golden Diners Deli *12:30 'CHRISTMAS' in July' BINGO $ **	21 9:00 Crafters Club 9:00 Tai Chi with Allison at Township Hall 3703 N. Richmond Rd. *10:00 Windows 10* 11:30 Golden Diners Deli	22 8:00 Fitness Training $ 9:00 Guys n Gals Exercise $ 9:00 Mens Pool Club 9:45 Coffee Klatsch *10:00 The Life of Ava Gardner - w/Carol Bradley ** *10:00 Memory Café w/ Holly Kelps* 11:30 Golden Diners Deli 1:00 Line Dancing - TWP $
25 8:00 Guys n Gals Exercise $ 9:00 Guys-n-Gals Exercise $ 9:45 Coffee Klatsch 10:00 Rummikub Club 11:30 Golden Diners Deli	26 9:00 Mah Jong 9:30 Bean Bag Toss/Bocce 10:00 Dominos 11:30 Golden Diners Deli 12:30 Pinochle & Bridge Clubs 12:30 Hand and Foot	27 8:00 Fitness Training $ 9:00 Guys N Gals Exercise $ 9:45 Coffee Klatsch 11:30 Golden Diners Deli	28 9:00 Crafters Club 9:00 Tai Chi with Allison at Township Hall 3703 N. Richmond Rd. *11:30 ALL AMERICAN Hot Dog Party & Luncheon ** $*	29 8:00 Fitness Training $ 9:00 Guys n Gals Exercise $ 9:00 Mens Pool Club 9:45 Coffee Klatsch 11:30 Golden Diners Deli 1:00 Line Dancing - TWP $